

SOA Local Delivery Plans 2009-10 – Quarter 1 & 2 updates Healthier Strategic Group - Key Actions

National Outcome 6: We live longer, healthier lives Local Outcome 1.1: An increased number of people in Moray will be active in improving their own health			
There are 3 underlying Key Actions associated with this Local Outcome, which in turn have 12 underlying milestones in total, 6 of which were due to be completed by the end of quarter 2, September 2009. 6 have either been completed or are well advanced.			
Key Action	Due Date	Latest Note	Overall Progress
Increase the number of people in Moray to achieve and maintain a healthy weight	31 Mar 2010	Establishment of average baseline for obesity 2006/07 – 2008/09 completed. Planning and development of draft Healthy Eating & Active Living Plan completed, strategic goals include; Changing the culture in families so that healthy eating and active living becomes habitual Increasing healthy eating and physical activity levels of school aged children and providing them with the basic knowledge and skills to achieve optimum health and well being. Focus on effecting behaviour change to reach recommended healthy eating and physical activity levels amongst the sedentary population. Increasing healthy eating and physical activity levels for target population groups.	50 %
Reduce impact of tobacco on Moray population	31 Mar 2010	Long Term Condition Steering Group established August 2009, meets on a monthly basis. Planning and development of draft Moray LTC Action Plan completed. Long Term Condition Stakeholder Group – final planning stage, first meeting anticipated Nov 2009. Recruitment of two Smoking Cessation Advisors for Moray. Kick Butt (Young Persons Smoking Cessation Project) Project Plan completed, roll out of project to all Area School Groups in progress. Project Plan reflects/addresses where highest smoking prevalence exists i.e. Lossiemouth ASG, Fochabers ASG.	50 %
Reduce impact of long term conditions on the Moray population	31 Mar 2010	Seven rapid service improvement projects are currently being rolled out across Moray; 1) Self Care 2) Falls and Osteoporosis 3) Diabetes 4) Anticipatory Care Planning 5) Chronic Obstructive Pulmonary Disease (COPD) 6) Patient Pathways Dr Grays 7) Palliative Care All projects are making good progress; performance management and risk reporting systems and structures are in place and relevant information will be shared with the Community Planning Board.	50 %

National Outcome 6: We live longer, healthier lives		Local Outcome 12: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life	
There are 4 underlying Key Actions associated with this Local Outcome, which in turn have 19 underlying milestones in total, 10 of which were due to be completed by the end of quarter 2, September 2009. 8 have either been completed or are well advanced with the remaining 2 underlying milestones are progressing out with target timescales; Reporting arrangements of the Moray Adult Protection Group to existing Community Planning structures in consultation with the Local Authority are yet to be finalised with the wider Grampian area to be considered with regard to structures, which will influence delivery. Independent Chair has been appointed to the Moray Adult Protection Group, but 2 associated posts have yet to be appointed.			
Key Action	Due Date	Latest Note	Overall Progress
Improve support to carers	31 Mar 2010	Around 1350 households are currently supported by Moray Lifeline and Telecare services. Majority of service users have a basic Community Alarm and pendant alarm, however just under 500 second generation Telecare sensors are in use, supporting around 125 individual households throughout Moray. Recent survey conducted with research group (Distance Lab) of the 1324 Moray Lifeline service users, feedback analysed and reported to Health and Social Services Committee on 23 September 2009. Current contract progressing with regular communication between the service provider and carers. Service is structured, monitored and measurable.	45 %
Expand preventative and anticipatory care	31 Mar 2010	Preventative and anticipatory care is developing across Moray as per the Older Peoples Strategy implementation plan. Local Osteoporosis/ Falls Support Group established, with a schedule of osteoporosis/falls awareness public presentations completed. Staff Education Sessions ongoing and Moray Falls advice leaflet for Home Care printed and disseminated to all home carers. A user friendly nutritional tool for home carers has been developed and is being piloted within the Speyside carers project working closely with social care. The training programme has been completed and a rolling programme is commenced. Care homes continue to receive training as and when required.	50 %
Improving pathways	31 Mar 2010	Home from Hospital programme implemented Moray-wide. Effective utilisation of Scottish Patient at Risk Re-admission and Admission (SPARRA) data to support care case management of elderly and vulnerable people in Moray is currently being implemented and will also support the development and implementation of anticipatory care plans for target client groups. Grampian Discharge Policy and Procedure has been finalised and approved and has been implemented across Grampian.	40 %
Adult support and protection	31 Mar 2010	Independent Chair has been appointed to the Moray Adult Protection Group, 2 associated posts have still to be appointed. Moray Adult protection Committee remains to be formally constituted by the Local Authority, decision has still to be made regarding the wider Grampian area regarding structures which will influence delivery.	35%

National Outcome 6: We live longer, healthier lives		
Local Outcome 13: The impact of alcohol and substance misuse in Moray will reduce		
There are 3 underlying Key Actions associated with this Local Outcome, which in turn have 27 underlying milestones in total, 14 of which were due to be completed by the end of quarter 2, September 2009. 13 have either been completed or are well advanced with the remaining underlying milestone is progressing out with target timescales; The draft Substance Misuse Strategy will be finalised in December.		
Key Action	Due Date	Latest Note
Implementation of substance misuse strategy	31 Mar 2010	The MADP Strategy is on target for being launched in December; the draft strategy is in the process of completion and will go for wider consultation in November. A corporate event will be held on the 22 February to formally launch the MADP Strategy and Fergus Ewing; minister for Justice will be in attendance. The Moray Delivery Plan has been launched; this will be used by the Community Planning Partnership to hold the MADP accountable for evidencing best practice in the delivery of alcohol and drug services. A full assessment of drug and alcohol services in Moray was published in September 2009. This has now been evaluated by the MADP through the Management and Performance Subgroup.
Redesign local substance misuse services	31 Mar 2010	The MADP remains focused and on target to implement re-tendering process in December 2009. The MADP Finance and Commissioning subgroup is driving forward the key actions of this target. Benchmarking exercise has been carried with Moray services being benchmarked against Perth and Kinross and West Lothian. Results have promoted work in Outcomes Commissioning and also setting performance targets for Moray services.
Evaluate clinical/social outcomes for service users	31 Mar 2010	The newly implemented Management and Performance subgroup has now met three times. A chair has been elected and will now represent the subgroup at the full partnership. A full evaluation of drug and alcohol services was published in September 2009 which consulted with all stakeholders. The MADP has linked with the Scottish Drugs Forum to complete further consultation with service users and a service user's questionnaire and 1:1 meetings were completed by the MADP Support Team. Alcohol Brief Interventions (ABI's) have been implemented throughout Moray with 14 of the 16 Health Centers signing up to the Local Enhanced Service Contract. To date 149 ABI's have been delivered in Moray by the end of September 2009- 35 delivered during 2008/09, and 114 in quarter 1 and 2 (09/10). A framework for tracking pathways has been developed through the Moray Delivery Plan and all services have signed up to this.
		Overall Progress
		47 %
		50 %
		55 %

**National Outcome 9: We live our lives safe from crime, disorder and danger
Local Outcome 17: There is a reduction in alcohol related offending in Moray**

There is 1 underlying Key Action associated with this Local Outcome, which in turn has 9 underlying milestones in total, 5 of which were due to be completed by the end of quarter 2, September 2009. 5 have either been completed or are well advanced.

Key Action	Due Date	Latest Note	Overall Progress
Reduction in alcohol related offending in Moray	31 Mar 2010	<p>Problem Profile Serious and Violent Crime Moray Division 2008/09 completed. There have been 17 Operation Avons carried out during the first 2 quarters of the year: Elgin - 10, Forres - 2, Buckie - 2, Lossiemouth - 2, Fochabers/Lhanbryde - 1.</p> <p>A campaign was run via the Moray Pubwatch Scheme that provided posters to licensed premises highlighting the fact that participating premises would not tolerate violence. In addition to this Pubwatch schemes throughout Moray were encouraged to impose bans following any incident of violence.</p> <p>The Moray Against Violence Summer Campaign began on July 3rd, and ran for the 7 week period of the school summer holidays. Taxi Marshalls were present on Elgin High Street between 1030pm and 4am every Friday and Saturday night.</p>	55 %